

SOCCER

1. FORMAT OF COMPETITION

The league shall be divided into two divisions Bay and Ocean. The divisions shall be determined by strength of program, recommended by the coaches and approved by the Board of Managers. The determination of league placement shall be reviewed every year.

2. RULES

National Federation of State High School Associations.

3. NUMBER OF CONTESTS

Limit twenty (20) games plus two (2) scrimmages.

4. STARTING DATES

4.1 Starting practice dates for each sports season shall be determined by the CCS.

5. DEFINITION OF PRACTICE/SCRIMMAGE

5.1 See PAL Bylaws Article IV Section 2 and Section 3.

6. STARTING TIME FOR CONTESTS

6.1 Afternoon contests shall be scheduled with varsity playing first at 3:00 PM followed by FS at 4:30 PM. Evening contest shall be scheduled with varsity playing first at 4:00 PM followed by FS at 5:30 PM.

6.2 By mutual consent of principals, place or time of playing games may be changed.

6.2.1 If the principals involved can reach no mutual agreement on the changing of game times and/or sites the schedule stands as approved.

6.3 Frosh/soph games will be played immediately following varsity games.

7. REQUIRED SCORING AND/OR TIMING PERSONNEL

The home team will keep score and provide information to publicity sources. The officials will keep the official time.

8. CHAMPIONSHIPS AWARDED IN DIVISIONS

8.1 Both boys and girls will send Bay #1, Bay #2, Bay #3, and Ocean #1 as automatic qualifiers to CCS.

8.2 Varsity and frosh/soph championships will be decided by league-standings and the championship point system.

8.2.1 Boys and girls will count - a win equals three (3) points, a tie one (1) point, a loss zero (0) points.

9. TIE LEAGUE STANDINGS

All ties must be broken and standings set prior to the playoffs. The procedures listed below will be followed in order until the tie situation is resolved.

9.1 Won-lost versus each other.

9.2 Won-lost versus teams above in the standing in order of finish.

9.3 Won-lost versus team(s) below in the standing in order of finish.

9.4 CCS power points

9.5 If still a tie, coin flip by commissioner.

10. POST SEASON TOURNAMENTS

10.1 Neither pre or post season games shall be authorized before or after the close of the regularly scheduled athletic activity season unless approved by the Board of Managers.

10.1.1 These games also need CCS/CIF approval.

11. VARSITY ALL-LEAGUE SELECTION PROCEDURE

Varsity all-league selection will be made by the coaches at the regular meeting held at the conclusion of the season.

11.1 The Bay division and the Ocean division will select their own individual varsity all-league teams by following a set formula determined on order of finish.

11.2 Boys formula: first and second team: 1st place – 4 selections; 2nd place – 3 selections; 3rd place – 2 selections; 4th - 8th place – 1 selection. Each team to receive two (2) honorable mention.

Girls formula: first team: 1st place – 4 selections; 2nd Place – 3 selections; 3rd place – 2 selections; 4th place – 2 selections; 5th - 8th – 1 selection.

Second team: 1st place – 3 selections; 2nd place – 3 selections; 3rd place – 2 selections; 4th place – 2 selections; 5th - 2 selections, 6th - 8th – 1 selection.

Honorable mention: 1st place – 2 selections; 2nd place – 2 selections; 3rd place – 3 selections; 4th - 6th place – 2 selections; 7th - 8th place - 1 selection.

12. AWARDS

Authorized Peninsula Athletic League awards include:

12.1 Certificates recognizing "varsity all-league selections", to be made available by the Peninsula Athletic League Commissioner's office, in addition perpetual trophies that existed prior to the formation of the PAL or were purchased since its inception will be awarded to division champions.

13. INFRACTIONS/PENALTIES

When the commissioner has found a school/team to have violated the PAL Constitution or Bylaws there shall be a penalty imposed by the commissioner.

13.1 The principal of an involved school may appeal the decision of the commissioner. The appeal is to be directed to the President of the Board of Managers by phone within two (2) schools days of the commissioner's decision, followed by a letter within five (5) schools days.

13.2 All appeals shall include a check for fifty (\$50.) dollars made out to the PAL. Checks will be returned if the appeal is upheld.

13.3 The President of the Board of Managers shall appoint an appeal committee. The composition of the committee shall be: one principal, one athletic director, and two coaches. No committee member shall be associated with the school or schools involved.

14. SPECIAL RULINGS

14.1 During pre league play a frosh/soph eligible player can move up and down to or from the varsity level. Once a player participates at the varsity level in a league contest, he/she may not move back to the frosh/soph level.

- 14.2 Varsity games will have two 40-minute halves with five (5) minutes at half time.
- 14.3 Frosh/soph games will have two 30-minute halves; if the game is shortened because of darkness, the first half must be 30 minutes.
- 14.4 The home team shall assume the primary responsibility of providing adult supervision for soccer contests. At least one staff member shall be assigned supervision responsibilities
- 14.5 There will be no overtime in round-robin games.
- 14.6 A student may not join a school varsity team after the first league contest of that team if the student has competed on an outside team or in an outside competition in the same sport during the school/league season of that sport, except as provided for in CIF Bylaw Article 600.
- 14.7 Game postponement must be decided by the home school principal by 12:00 noon of game day. Home coaches have the responsibility of notifying the officials of canceled games, and date/site of games(s) to be replayed. They will leave instructions for cancellation with the receptionist in the main office. The game must be played on the next playable day.
 - 14.7.1 Postponed contests shall be rescheduled by coaches with the approval of athletic director and principals. It shall be the home coach's responsibility to notify the assignor and the office of the PAL Commissioner of the date and time of the rescheduled contest.
 - 14.7.2 Postponed contests must be made-up on the next playable day.
- 14.8 Penalized Players: yellow and red cards.
 - 14.8.1 Yellow card: A player given a yellow card shall be removed immediately from the game and a substitution may be made. The penalized player (yellow card) may reenter the game through substitution procedures at the next normal substitution opportunity. A second yellow card on the same player removes the player from the game. The player may not re-enter but may be substituted for. The player must sit out the next contest.
 - 14.8.2 Red card: A player given a red card is disqualified from play for the remainder of the game and no substitution may be made for the disqualified player.
 - 14.8.3 A player with a red card is not allowed to suit up for, nor play in, the next PAL game. A second and all subsequent red card violations for the same player shall result in three game suspensions.
 - 14.8.4 The official of a game in which a red card is given shall notify the assignor of officials, and the CCS office. The penalized player must sit out the next contest.
 - 14.8.5 Home teams are to wear white jerseys.

15. SPORTS CHAIRPERSONS

- 15.1 The girls and boys soccer chairpersons shall serve for a minimum of two (2) years.
- 15.2 The girls and boys soccer chairpersons shall be selected or appointed from each division.
- 15.3 The duties of the chairpersons:

- 15.3.1 Shall notify the commissioner of all sport committee meetings.
- 15.3.2 Shall call a meeting of all the league soccer coaches prior to the beginning of the season to go over schedules, bylaws, rule changes, and anything pertaining to their sport for their season. This meeting shall include all coaches from both divisions.
- 15.3.3 Shall call a meeting of all league soccer coaches at the end of the season to review the bylaws, make revisions in the bylaws, set up schedules for the next season, and select varsity all-league players. At this meeting, they shall also discuss problems that came up during the season and make recommendations to resolve the problems.
- 15.3.4 Will coordinate the evaluation of team placements and will give the new division assignments to the league commissioner at the league meeting.
- 15.3.5 Shall represent their division on the CCS Soccer Committee.

16. MISCELLANEOUS

- 16.1 Restraining Line: When possible a restraining line five yards from each touch line shall be placed on each field. Coaches, players, and spectators shall remain behind this line during matches. The referee shall be empowered to stop the match, if needed, to enforce this rule.